

Alexa Jones

2001 Oriental Boulevard
Brooklyn, NY 11235
718-368-5000
ajones@gmail.com

EDUCATION

Kingsborough Community College, Brooklyn, NY

Associate of Applied Science, 06/2019

Major: Exercise Science

GPA: 3.3

Relevant Courses: Kinesiology of Exercise, Fitness Assessment and Program Design, Muscular Fitness Techniques

EDUCATION

ABC Fitness Center, New York, NY

Personal Trainer, 11/2018-Present

Design and implement personalized exercise and diet programs targeting specific conditions and concerns including obesity, arthritis and high cholesterol

Recruit and retain clients

Advise members about fitness, exercise, health and injury management

Run group fitness classes