

Brooklyn College
The City University of New York

LETTER OF INTENT

for the

ASSOCIATE in SCIENCE DEGREE

in

CHEMICAL DEPENDENCY COUNSELING

Department of Behavioral Sciences and Human Services

I. PURPOSE AND GOAL

The Substance Abuse Counseling Services and Human Services program leading to a M.A.S. proposal is a result of the commission of the State of New York.

Treatment admissions in New York State in 2006 were over 300,000; this is the highest number in the country. The treatment admissions (SANDS) need for treating the substance abuse population in New York State has increased to 12,000 per year. The decrease in the number of counselors working in the field in 1994. At that time, the main recovery focus was based on these counselors who were based on stringent standards for their education, experience, and compensation. This in general is not a direct

The pursuit of a graduate academic program is difficult due to the related curriculum for those

Workforce development by the Office of Alcoholism and Substance Abuse Services (OASAS, 2006). Recently (2008) for substance abuse treatment center, enables Addiction Counselor Assistants carries full employment but not require prior attainment for that credential though work in various treatment centers in various boroughs of New York City.

At a meeting on February 28, 2008, held by the Office of Alcoholism and Substance Abuse Services for substance abuse counselors and C-Ts with ASACs

program sponsored by the Department of Behavioral Sciences and Human Services proposing the establishment of a two-year degree in Substance Abuse Counseling. The impetus for this program is based on the need for qualified substance abuse counselors in the

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II. STUDENTS

A community college program fulfills the Kingsborough mission and to provide its students with both opportunities and challenges. The program is likely to correspond to the interests and talents of its students. In many cases, students can work part-time in an agency during their academic program as most programs have a day, evening, and weekend schedule.

Chemical dependency field continues to grow, thus more education should be required of its practitioners (Kenneally et al., 2001). The SAC program currently attracts a mix of new students and other undergraduates majoring in Health Services Administration. A number of Kingsborough Associate Degree in Nursing and Community Health Services certificate students who are also members of the Abuse Council are enrolling.

Students interested in the behavioral health professions should have the opportunity to practice their skills in a professional setting. A two-year degree program that produces graduates after graduation allows them to design their futures without tremendous financial burden and without tuition reimbursement as a CUNY program and is, therefore, not considered an attending college.

There exists a group of counselors already working in the field who do not have the formal education offered by an academic institution, also, do not have their CASAC credential. In response to the demand for higher education, many of these counselors are appealing for practical reasons. Chemical Dependency schedules around their work schedules as most of the day and the evening. Financial advisement will be provided but require school loans or other tuition assistance.

En	Project	for A.S.		Chemical		Agency Co		g Majors	
		2010-2011	2011-2012	2011-2012	2012-2013	2013-2014	2014-2015	2014-2015	2014-2015
		New	Cont.	New	Cont.	New	Cont.	New	Cont.
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remaining 34 credits comprise the general education component of the curriculum. Liberal arts courses total 31 credits and consist of English Composition, psychology and history courses which support the major and 12 credits in liberal arts and sciences required over those disciplines not covered by the major.

During their second semester in the program, students will be encouraged to participate in a Service-Learning volunteer program as an introduction to working in treatment facilities. Students entering the Field courses will be required to complete SAC 02000, SAC 02200, SAC 02600 before placement. They may be enrolled in SAC 02400, SAC 02600 and SAC 8201 during their field experiences.

The total 60-credit curriculum is outlined on the following page.

COLLEGE	U	E	F	S	Dependency ()	ng
Successful passing exam	Religious	Science	Arts	Mathematics	Writing and Reading and Math courses may be	and Mathematics test with
ING 01200						4 credits
ING 02400						3
PE 01200						3
IE PARTM	E	R	Q	F	IF	
General Psychology	Psychology	Psychology	Psychology	Psychology	Psychology (PSY 03200)	3
Human Growth & Development	Psychology	Psychology	Psychology	Psychology	Psychology (PSY 03200)	3
Abnormal Psychology	Psychology	Psychology	Psychology	Psychology	Psychology (PSY 03200)	3
Introduction to Psychology	Psychology	Psychology	Psychology	Psychology	Psychology (PSY 03200)	3
Introduction to Psychology	Psychology	Psychology	Psychology	Psychology	Counseling (SAC 0200)	3
Basic Technical Skills	Psychology	Psychology	Psychology	Psychology	Counseling I (SAC 02200)	3
Basic Technical Skills	Psychology	Psychology	Psychology	Psychology	Counseling II (SAC 02400)	3
Ethics, Conflicts, Treatment	Psychology	Psychology	Psychology	Psychology	Client Relationship (SAC 02600)	3
Compulsions	Psychology	Psychology	Psychology	Psychology	Case Counseling (SAC 02800)	3
Supervised Counseling	Psychology	Psychology	Psychology	Psychology	& Prevention (SAC 03000)	4
Counseling	Psychology	Psychology	Psychology	Psychology	in Substance Abuse (SAC 03200)	7
GROUP RE	R	IF				
For minimum of different groups	Psychology	Psychology	Psychology	Psychology	Selected from at least two Basic Courses...	6
I. Psychology	Psychology	Psychology	Psychology	Psychology	Arts (Theatre Arts)	
II. Psychology	Psychology	Psychology	Psychology	Psychology	Natural Science, Philosophy)	
III. Psychology	Psychology	Psychology	Psychology	Psychology	Political Science*)	
IV. Psychology	Psychology	Psychology	Psychology	Psychology	Selected from at least three courses satisfied by Dept. Recommendation	6
V. Psychology	Psychology	Psychology	Psychology	Psychology	Selected from at least three courses (SAC 03700; choice of SAC 02500, SAC 03000)	6

* NEW CCU

<p>V. I</p> <p>The I Progr degre to tea recru level traini</p>	<p>TY</p> <p>ent from m, rog n ac tise and</p>	<p>has a fu djunct I ipated th es with oyment ng the e ounselor</p>	<p>time Director of th turers each semes an additional full- or 2 adjuncts cover the substance abu blished competenc NIDA, TIP 21; NI</p>	<p>Substance Abu Upon imple ne faculty mem g evening clas treatment field s framework f A, TIP 21A, 2</p>	<p>e Counseling entation of the ber will be hired es. Faculty demonstrate the educating and 07).</p>
<p>VI F</p> <p>The c the in</p>	<p>IE</p> <p>offi nal</p>	<p>EQUIPM</p> <p>ed for th he A.S.</p>	<p>NT</p> <p>Substance Abuse C gree program in C</p>	<p>nseling Progr mical Depend</p>	<p>n can support ncy.</p>
<p>VII.</p> <p>The c \$62,0 off-se year c This c tables</p>	<p>AT</p> <p>n ac 38% or xim c fir d fo</p>	<p>T</p> <p>ull-time ge benef r adjunct ,520. T ncluding pose.</p>	<p>ulty member is ex for a total of \$85, turers each seme is the only cost ar flation and salary</p>	<p>ected to be app 0 for the first er for a total n icipated for thi creases is estim</p>	<p>oximately ar. This will be w cost the first new program. ated in the SED</p>

**PROJECTED EXPENDITURES FOR THE PROPOSED
A.S. in Chemical Dependency Counseling**

Expenditures	2010-2011	2011-2012	2012-2013	2013-2014	2014-2015
<i>Faculty¹</i>					
NEW RESOURCES					
<i>Out³</i>					
TOTAL					

¹ Additional F.T. faculty plus 38% fringe minus the cost of one or two fewer adjunct hours. 2.5% inflation added in each subsequent year.

² Additional six adjunct hours @ \$1,256 per hour added to cost of new full-time faculty in year 3 and each subsequent year.

³ Adjunct replacement costs for new faculty reassigned time for research.

**PROJECTED REVENUE RELATED TO THE PROPOSED
A.S. in Chemical Dependency Counseling**

Revenues	2010-2011	2011-2012	2012-2013	2013-2014	2014-2015
Tuition Revenue¹					
01. From Existing Sources ²		\$39,560	\$63,480	\$72,600	\$102,240
02. From New Sources ³	\$59,600	\$57,800	\$54,200	\$48,800	\$57,800
03. Total	\$59,600	\$97,360	\$117,680	\$121,400	\$160,040
State Revenue⁴					
04. From Existing Sources		\$70,025	\$62,925	\$70,975	\$123,750
05. From New Sources	\$74,900	\$74,900	\$72,225	\$66,875	\$73,625
06. Total	\$74,900	\$125,725	\$135,150	\$165,850	\$197,375
Other Revenue					
07. From Existing Sources					
08. From New Sources					
09. Total					
Grand Total					
10. From Existing Sources		\$70,025	\$62,925	\$70,975	\$123,750
11. From New Sources	\$74,900	\$132,700	\$126,425	\$115,675	\$131,425
TOTAL	\$134,500	\$223,085	272,830	\$287,250	\$357,415

¹ F-T tuition of \$1,540 per student per semester and P-T tuition of \$120 per credit per student per semester.

² Revenue generated by projected enrollment of continuing students

³ Revenue generated by projected enrollment of new students

⁴ \$2,675 per FTE

Appendix

N.Y.S. Job Description

Occ. Code: 8339020

ADDICTIONS COUNSELOR ASSISTANT, GRADE 11**New York State Department of Civil Service****Classification Standard****BRIEF DESCRIPTION OF CLASS**

Addictions Counselor Assistants serve as a member of a multidisciplinary clinical treatment team providing a therapy program tailored to the individual needs of patients in an Addictions Treatment Center (ATC). Under the supervision of professional clinicians, they serve as a secondary therapist for groups of patients in one or more of the component units of a treatment center; assist in the delivery of a comprehensive rehabilitation program through consultation with team members; and assist in individual and group counseling of patients, discharge planning, and community involvement. Because an ATC is typically a small facility, employing approximately 25 to 100 staff, Addictions Counselor Assistants are responsible for augmenting services provided by other treatment team members; for example, supervising a scheduled recreational outing in the absence of a Recreation Therapist and leading an established therapy group in the absence of an Addictions Counselor.

Addictions Counselor Assistants are in the non-competitive jurisdictional class and are in the NYS Office of Alcoholism and Substance Abuse Services and in SUNY Buffalo.

DISTINGUISHING CHARACTERISTICS

ADDICTIONS COUNSELOR ASSISTANT: entry-level, non-credentialed, paraprofessional; under direct supervision, perform duties related to the care and counseling of patients to assist them in recognizing and dealing with their addictions and its social, medical, economic and psychological aspects and consequences.

RELATED CLASSES

Addictions Counselors are professional members of a multidisciplinary clinical treatment team providing a therapy program tailored to the individual needs of addiction patients in an Addiction Treatment Center (ATC). They play a central role in the design and delivery of a comprehensive individualized treatment program through consultation with team members, individual and group counseling of patients, discharge planning, community involvement, and case management services.

ILLUSTRATIVE DUTIES

ADDICTIONS COUNSELOR ASSISTANT: under the supervision of an Addictions Counselor, using the treatment plan as a guide, serve as a multidisciplinary treatment and rehabilitation team member; provide individual and group counseling services; assist in conducting family

therapy or crisis intervention therapy; attend team meetings; assist in developing, assessing, and modifying the individual treatment plan by providing information gathered through direct observation and discussion with patients; discuss the implementation of future components; review the written summary of the treatment plan and prepare progress notes regarding its implementation; discuss discharge and continuing care plans; screen prospective patients, on a referred or walk-in basis, for admission to the facility; recommend an appropriate modality of treatment; refer persons recommended for admission to a physician for a medical examination; administer breathalyzer test to determine blood alcohol level; prepare a written summary of the intake interview; teach or provide information about coping mechanisms for emergency situations, and provide information regarding the availability of medical, addictions and social services in the community; arrange referrals to appropriate community providers for the patient as directed; make and escort patients to appointments, transmit health history, and discuss referrals with the patient; record observations about patient actions, such as achievement of treatment objectives, injuries, or incidents, etc.; provide supplementary counseling on an individual or family basis to assist in planning a schedule of patient activities and encourage full participation; discuss with patients the reasons for non-participation as a potential avenue of therapeutic insight; discuss with patients the formulation of long-range goals and the ways in which they may be achieved; assist in the evaluation of a patient's suitability for a half-way house or other form of sheltered living; as directed, contact social agencies to arrange for various necessary supports in the community; encourage patients to contact supportive groups to arrange for sponsorship; may assist in providing information to community groups about an A/C to improve the understanding of addictions and programs provided for addicts; provide information regarding the principles and philosophy of Alcoholics Anonymous, Narcotics Anonymous, Al-Anon and Alateen, Women for Sobriety, etc; various services available for post-discharge or continuing care; assist therapy specialists with programs and conduct specialized therapy programs (recreational, vocational, social) in the temporary absence of a therapist or a therapy assistant; transport patients as needed; while patients are sleeping and no night time programs are in progress, ensure their safety by periodically inspecting the area and responding rapidly to any unusual or potentially dangerous situations; and may review patients' records for completeness and accuracy in accordance with standards set by senior clinical staff.

NATURE OF SUPERVISION

Addictions Counselor Assistant is a non-supervisory class. However, more senior incumbents may provide instruction or guidance to new incumbents, particularly in relation to the routines, procedures and policies of the treatment center.

The assignments of incumbents in this class may vary considerably according to the predominant level of social stability among patients. Therefore, the supervision exercised over them also varies considerably. In most inpatient settings they would function under the direction of an Addictions Counselor. However, there may be instances where an incumbent would report directly to other professional clinical staff members based upon a specialized assignment or project, e.g., pre-screening and admissions, preparation for survey, and special training. Addictions Counselor Assistants assigned to a night shift, weekend or other non-program periods may function under indirect supervision on an on-call basis.

MINIMUM QUALIFICATIONS

An Associate's Degree with a specialization in Alcoholism, Substance Abuse or Chemical

Dependency;

or

one (1) year of full-time employment in a field requiring the application of communication skills and one (1) year of experience in a direct treatment capacity working in an addictions treatment setting.

Substitutions:

1. 30 college credits in a human services field may be substituted for the one year of communication experience.
2. 10 college credits* in specific alcoholism, substance abuse or chemical dependency courses may substitute for the one year of specialized experience.
3. 150 clock hours of relevant addictions instruction** (as defined by NYS OASAS) for CASAC credential eligibility may substitute for the one year of specialized experience.

*Must submit college transcript and course description.

**Must submit written verification

NOTE: Classification Standards illustrate the nature, extent and scope of duties and responsibilities of the classes they describe. Standards cannot and do not include all of the work that might be appropriately performed by a class. The minimum qualifications above are those which were required for appointment at the time the Classification Standard was written. Please contact the Division of Staffing Services for current information on minimum qualification requirements for appointment or examination.

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